

# News for the KCHA Community



## **Resources and Information**

Thank you for reading our new KCHA newsletter!

We heard in recent surveys that you would like more information about community resources, property updates, and policy changes. This newsletter is one way to share that information.

Be sure to follow us on Facebook and Instagram for more.



## **Register to Vote**



Register to vote <u>online</u>, by <u>mail</u>, or <u>in person</u>.

You must be at least 18 years old and a U.S. citizen. If you have moved since the last election, you must update your registration with your new address.

Learn more in <u>English</u>, <u>Spanish</u>, <u>Chinese</u> or <u>Vietnamese</u>.

Register to Vote

#### **Reasonable Accommodations**



KCHA provides reasonable accommodations to individuals with disabilities to address disability-related housing needs.

You can request reasonable accommodations using the <u>forms</u> on our website.

You can also email <u>ras@kcha.org</u>, or make a request in any way that works for you.

#### **Stay Cool in Hot Weather**

When it gets hot outside, <u>Public Health of Seattle-King County has</u> <u>tips on how to stay cool</u>: Drink lots of water, stay in the shade, or visit a place with air conditioning—like senior centers, malls, libraries, movie theaters, and some cities may have local cooling centers. If it's too hot inside your home, <u>try these tips for keeping the inside</u> <u>cooler.</u>

Some medications can also make you more sensitive to heat. Symptoms of heat exhaustion include muscle cramps, weakness, dizziness, headache, nausea, and vomiting.

People at higher risk during hot days include:

- People over age 65
- Young children
- People with chronic health conditions
- People who work outside

If you see someone with signs of heat exhaustion, move them to a cooler location, have them rest for a few minutes and then ask them to slowly drink cool water. If they don't feel better, help them get medical attention.

NOTE: KCHA public housing residents may use air conditioners that sit on the floor, but would need a Reasonable Accommodation for air conditioners that go in the window.

How to Stay Cool in Hot Weather

#### **Prepare for Wildfire Smoke**



Plan ahead to get ready for bad air quality because of smoke from wildfires.

Stock up on medications and N-95 face masks, and click the button below to learn how to make an air cleaner from a box fan and a filter.

Prepare for Wildfire Smoke

## **Maintenance Updates**

- Older fire alarm systems are being upgraded at 25 properties. The upgrade switches the fire communication system from telephone lines to radio to improve reliability and safety.
- We have a new Upgrade Supervisor for the South Team!
  Kady Sok has been with KCHA for 26 years. He started as a seasonal worker, moved to site-based maintenance, and earned a certificate from <u>Renton Technical College</u> before advancing to journeyman status for the past 10 years.

#### **Security Updates**

- New security cameras are being installed at Cascade Homes and Valli Kee. Seven more properties, including Ballinger Homes, Birch Creek, Briarwood, Burndale Homes, Firwood Circle, Mardi Gras, and Riverton Terrace are scheduled for new security cameras by the end of 2024.
- 12 mobile security trailers have been deployed to provide extra lighting and security camera coverage when and where it is needed.
- **New key card readers** will be installed for additional security in accessing laundry rooms and community rooms.

#### **Summer Events**

- **King County Libraries** have story times in many languages, English classes for adults, crafts, events and more. <u>Learn more</u>.
- MaST Center Aquarium at <u>Redondo Beach</u> in Des Moines. Free admission on Saturdays, 10:00am-2:00pm. <u>Learn more</u>.
- Farmers Markets, find your <u>local weekly farmers market</u> for fresh fruits and vegetables. <u>WIC participants</u> and <u>Seniors</u> can get Farmers Market Nutrition Benefits to use in Auburn, Bellevue, and Burien.
- National Night Out & BBQ, August 6 at <u>Greenbridge Plaza</u> in White Center, open to the community and all Housing Choice Voucher households, 4:00-6:00pm.
- National Night Out & Resident Resource Fair, August 6 at <u>Birch Creek in Kent</u>, with Cascade Homes and Valli Kee residents also invited, 6:00-8:00pm (free food until 7:00pm).

- Music in the Plaza, August 16 at Greenbridge, 4:00-7:00pm.
- White Center Summer Celebration & School Supply
  Giveaway, August 17 at Greenbridge Plaza, 2:00-5:00pm,
  White Center residents can pre-register here for school supplies.
- **CHOMP! August 17**, Celebration of local food, music, and family fun at Marymoor Park in Redmond. <u>Learn more</u>.
- Find more free or low-cost activities for kids and young people on the <u>Best Starts for Kids blog</u>.

## **Back to School**

Back to School is coming up soon! Our next KCHA newsletter will be focused on back-to-school resources and scholarships.



#### **King County Housing Authority**

Andover Park West 700, 98188, Tukwila

This email was sent to {{contact.EMAIL}} You've received this email because you live in a KCHA community or have a KCHA Housing Choice (Section 8) Voucher.

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